

Teen T.H.R.I.V.E

Days of Operation:

EIP

Monday and Thursday

IOP

Monday, Wednesday, Thursday



*"It's not what you are
that holds you back,
It's what you think
you are not."*

– Attributed to Hanoch McCarty –

The T.H.R.I.V.E RECOVERY Program is designed for:

- Teens 13 or older
- Bergen and surrounding counties
- Medicaid, Charity Care or Insurance pre-authorized with Bergen Regional Medical Center



MEDICAL CENTER

BERGEN REGIONAL MEDICAL CENTER, L.P.
230 E. RIDGEWOOD AVE.
PARAMUS, NJ 07652
201.967.4000

www.bergenregional.com

Teen Track 09/16/2014



MEDICAL CENTER

Evergreen Adolescent
Outpatient Group

Teen T.H.R.I.V.E RECOVERY

Think
Healthy
Respect
Inspire
Values
Empowerment

An Adolescent Group for Teens 13-17
With a Focus on Recovering from
Alcohol/Drugs and Abuse/Addiction

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Mission Statement:

To increase awareness that addiction is a 'family disease' by incorporating family and collaborating with them to help deter future chemical abuse/dependency. This is accomplished through building self-esteem and respect of both self and others by learning and applying drug-free behavioral and positive coping skills to everyday life.

Goals:

- Provide Substance Abuse/Mental Health Counseling
- Provide Substance Abuse Education
- Increase Self-Esteem
- Increase Concept of Respect
- Increase Academic Progress
- Decrease Truancy
- Increase Healthy Communication Within Family Unit
- Build Interpersonal Skills
- Develop and Practice Positive Activities

What We Provide:

- Transportation
- Screening
- Assessment
- Education
- Group, Individual & Family Sessions
- Scheduled Family Nights
- Access to Behavioral Health Services
- Stabilization Unit
- Recreational Therapy
- Gender Groups/Transition to Adulthood
- Aftercare
- Community and Professional Presentations
- Case Management/Urinalysis Testing
- Volunteer/Community Service Opportunities

Topics Will Include:

- Family Dynamic
- Education
- Communication
- Recreation
- Peer-Pressure
- Life Management
- Combating Boredom
- Setting Limits
- Working On Dreams
- How To Set and Accomplish Goals
- Self-Esteem Building
- Learning How To Say "No"
- Identifying Natural Highs



Meetings Will Be Held At:

Bergen Regional Medical Center
230 East Ridgewood Avenue
Paramus, N.J. 07652
www.bergenregional.com

Contact:

For Screening and Intake Scheduling,
please call 201.967.4000, ext. 6345

For additional information, directions,
and admission requirements,
please call the Intake Department at
201.967.4000 ext. 6345 or ext. 6360

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